

Champion Apparel Sizing

Men's Sizing

	Small	Medium	Large	X-Large	XX-Large	XXX-Large
Chest	34-36 in	38-40 in	42-44 in	46-48 in	50-52 in	54-56
Waist	28-30 in	32-34 in	36-38 in	40-42 in	44-46 in	48-50
Inseam	30 in	31 in	32 in	32.5 in	33 in	33.5 in

Women's Sizing

	Small	Medium	Large	X-Large
Size	4-6	8-10	12-14	16
Bust	32-34 in	34-36 in	37-39 in	40-42 in
Waist	25-27 in	27-29 in	30-32 in	33-35 in
Hip	35.5-37.5 in	37.5-39.5 in	40.5-42.5 in	43.5-45.5 in

Nike Men's Apparel Sizing Chart

Size	Chest	Waist	Inseam
XS	33 1/2"	27 1/2"	31 1/2"
S	36 1/2"	30"	32"
M	39 1/2"	32 1/2"	32 1/2"
L	42 1/2"	35"	33"
XL	45 1/2"	37 1/2"	33 1/2"
XXL	48 1/2"	40"	34"
3XL	51 1/2"	42 1/2"	34 1/2"

Nike Women's Apparel Sizing Chart

Size	Bust	Waist	Hip
XS (2)	32"	24"	34 1/2"
S (4-6)	34 1/2"	26 1/2"	37"
M (8-10)	37"	29"	39 1/2"
L (12-14)	40"	32"	42 1/2"
XL (16-18)	43"	35"	45 1/2"
XXL (18-20)	46"	38"	48 1/2"

Sizing Tips

Use these tips as a general guide when finding your measurements:

1. Chest/Bust: With your arms at your sides, measure around the fullest part of your chest, across shoulder blades and under arms.
2. Waist: To measure your natural waistline, wrap the tape so it intersects your navel. Keep tape flat, but comfortably loose.
3. Hips: Stand with your heels together and measure the fullest part of your hips, keeping the measuring tape level and parallel to the floor, front, and back.
4. Inseam: Stand up straight, and start tape measure high in your crotch. Straighten the tape down the inside of your leg to the top of your shoe/foot.