

Exercise Science 14-15 EIGHT SEMESTER PLAN

FRESHMAN FALL			STATUS	PREREQ	NOTES
BIO 104/BIO 114	General Biology	4		ACT/SAT	
ENG 103	English Comp I	3		ACT/SAT	
MA 113	College Algebra	3		ACT/SAT	
EXS 103	Teaching Sport Skills I	3			
UE 101	University Experience	1			
Total		14			

YEAR 1

FRESHMAN SPRING			STATUS	PREREQ	NOTES
BIO 254	Human Anatomy	4		BIO 104 or 114	
MA 253	Statistics	3		MA 113	
ENG 113/ENG133	English Comp II/Tech Comm	3		ENG 103	
EXS 123	Teaching Sport Skills II	3		EXS 103	
EXS 243	Athletic Training	3			
Total		16			

SOPHOMORE FALL			STATUS	PREREQ	NOTES
EXS 102	Lifetime Wellness	2			
EXS 333	Kinesiology	3		BIO 254	
PSY 113	Principles of Psychology	3			
EXS 273	Nutrition	3			
SM 253	Risk Management	3			
Total		14			

YEAR 2

SOPHOMORE SPRING			STATUS	PREREQ	NOTES
SM 313	Principles of Sport	3			
COM 203	Speech	3		ENG 113	
EXS 332	Drug Education	2		PSY 113	
SM 412	Business Planning	2			
	Electives (6)	6			
Total		16			

JUNIOR FALL			STATUS	PREREQ	NOTES
SM 393	Sport Psychology	3		PSY 113	
EXS 373	Health Problems	3			
EXS 383	Nutrition Counseling	3		EXS 273	
EXS 433	Developing Health Promotion	3			
	Humanities Elective (3)	3			
Total		15			

YEAR 3

JUNIOR SPRING			STATUS	PREREQ	NOTES
EXS 452	Fitness Eval & Assess.	2			
EXS 353	Exercise Physiology	3		EXS 333	
EXS 402	Exercise Leadership	2		EXS 123	
	General Education Electives (5)	5			
	Humanities Elective (3)	3			
Total		15			

SENIOR FALL			STATUS	PREREQ	NOTES
EXS 451	Pre Capstone	1			
EXS 474	Internship in Exercise Science	4		Chair Approval	
EXS 463	Motor Learning	3		EXS 123	
	Elective (8)	8			
Total		16			

YEAR 4

SENIOR SPRING			STATUS	PREREQ	NOTES
EXS 452	Capstone	3			
EXS 493	Personal Training Cert.	3		EXS 353, 402, 452, 463	
	Electives (8)	8			
Total		14			